

GMB

TRADE UNION

PENSIONS DROP-IN SESSION



**HAVE QUESTIONS ABOUT
YOUR PENSION?**

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GMB Convenor

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Cumbria Pension Committee Member



DATE:

TIME:



LOCATION:

Whether you're near retirement or just getting started,
we're here to help

- ✓ Get information
- ✓ Know who to contact
- ✓ Understand your options

NOT A GMB MEMBER?

Join today at

www.gmb.org.uk/join-gmb



Westmorland & Furness

June

18th Waste Depot North Lonsdale Rd Ulverston - 1pm

24th Applethwaite Green Windermere - 1.30pm

25th Croftside Milnthorpe - 1pm

30th Parkview Gardens Barrow - 1.30pm

July

1st Bridge House Flookburgh - 1.30pm

2nd Grisedale Croft Alston - 1pm then Highways Depot Alston 3pm

3rd Elmhurst Ulverston - 1.30pm

7th Riverside House Kendal - 1.30pm

8th Jubilee House Barrow - 1pm

9th Craven House Barrow - 11am

10th Christian Head Kirkby Stephen - 1.30pm

16th Salt House Road Barrow - 11.30am

17th Skirsgill Depot Penrith - 1pm

August

19th Millness Depot - 1pm

20th Kendal Waste Services Kendal - 1pm

21st Voreda House Penrith - 11am

18th Barrow Town Hall - 11am

27th Sowerby Woods Barrow - 1pm

Cumberland

June

11th Charlton Rd Hub Workington - 3pm

12th Hensingham Day Centre Whitehaven - 3pm

26th CES Stores Maryport - 3.30pm

July

14th Burnrigg Ct Carlisle - 1.30pm

15th Civic Centre Carlisle - 9.30am then Eskdale House Longtown - 1.30pm

August

5th Inglewood Care Home Wigton - 1.30pm

6th Park Lodge Aspatria - 1.30pm then Hensingham Day Centre Whitehaven - 3pm

7th Parkside Maryport - 1.30pm

11th Richmond Park Workington - 1.30pm

12th The Gables Whitehaven - 1.30pm

13th Lapstone House Millom - 1.30pm

26th West Cumbria House Workington - 11am

28th Allerdale House Workington - 11am then Workington Bin Depot - 3pm

September

1st Highways Depot Dalston - 2pm